


瞬间结界° . \*°

用你身处场景中最衬手的材料，我们帮你搭建一个伪装。  
一个给你选择进入，或是不进入你身处的生活或社会场景的  
一个结界。它能给你的心灵宁静与自省提供一个暂时的庇护。

	* 成为蜡烛 *	* becoming a candle *	
	* 成为草坪 *	* becoming a grass field *	
	* 成为灯球 *	* becoming a disco ball *	
	* 成为台灯 *	* becoming a lamp *	
	* 成为肥皂 *	* becoming a soap bar *	
	* 成为遮阳 *	* becoming a shade *	
	* 成为外套 *	* becoming a coat *	
	* 成为盆栽 *	* becoming a plant *	
	* 成为蘑菇 *	* becoming a mushroom *	
	* 成为大树 *	* becoming a tree *	

Instant Barrier° . \*°

Using the most accessible material in your current setting we  
help you create a disguise, a barrier that empowers people to  
chose whether or not entering their current living or social  
situation. It provides a temporary shelter for mental tranquility  
and self-introspection.

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实践例子在这边

practice examples on this side

+ ° . . °\* . ° +

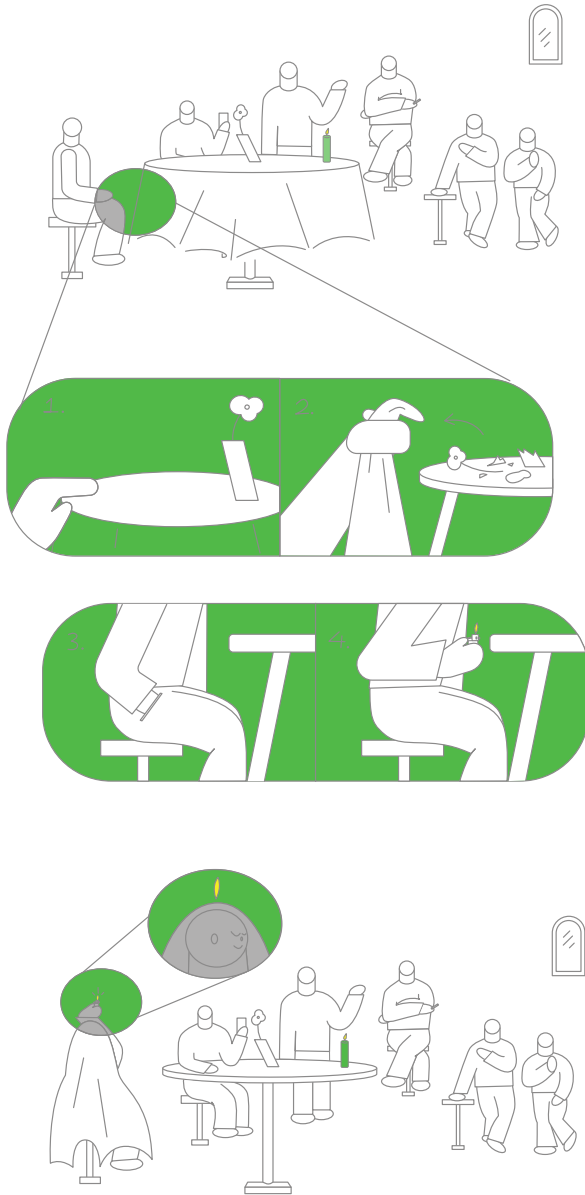
图示指南在这边

Diagram instructions on this side

# Becoming Candles

变成蜡烛结界

应用场景	餐厅
applicable situation	restaurant
	



+ ° . . °\* . ° +  
\* becoming a candle \*

step one: find a near by table cloth  
step two: remove it from its original context  
step three: prepare a handy lighting tool  
step four: cover yourself with table cloth,  
and hold the light above your head



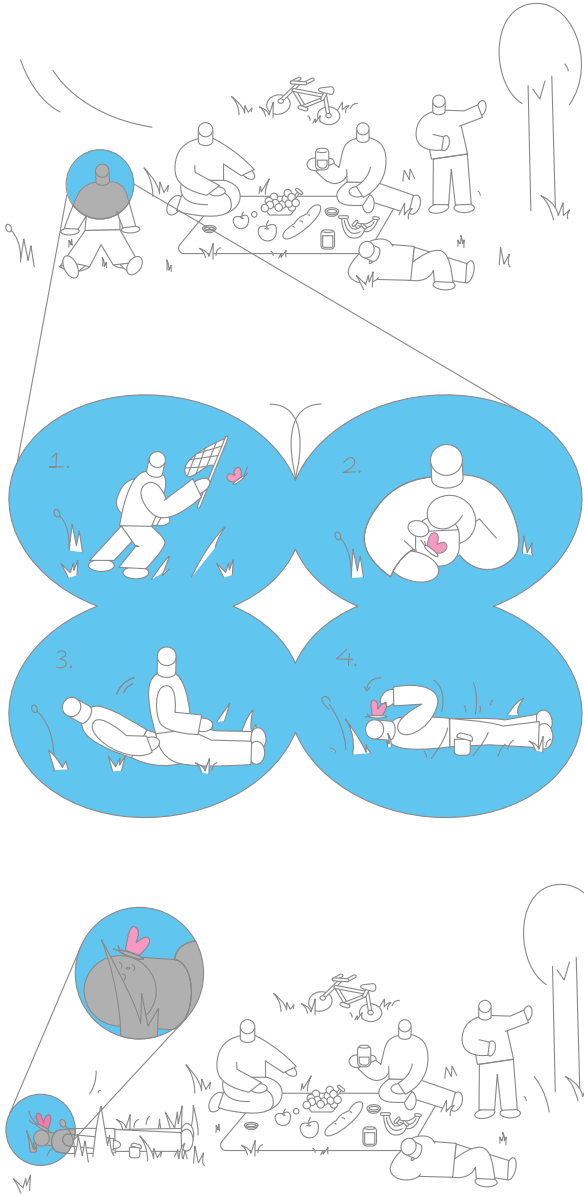
+ ° . . °\* . ° +  
\* 成为蜡烛 \*

第一步：就近找到一块桌布  
第二步：把布从他的应用场景抽离  
第三步：拿出点火工具  
第四步：把布盖在身上，点火举过头顶

# Becoming the grass field

变成草坪结界

应用场景	草坪
applicable situation	grass field
	



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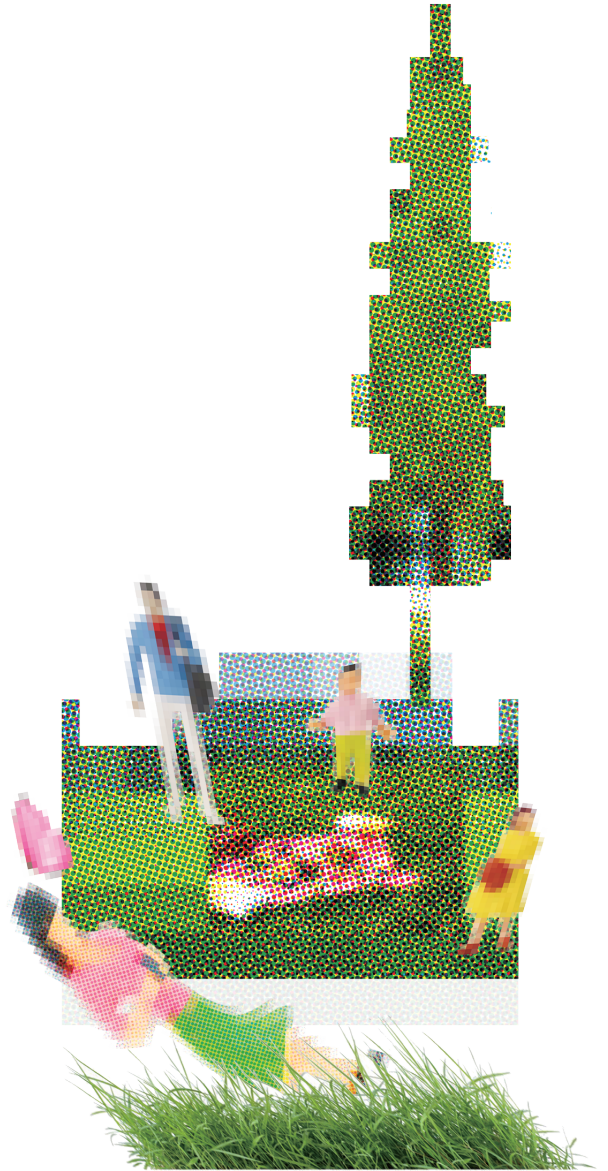
\* becoming a grass field \*

step one: find a butterfly

step two: catch a butterfly

step three: lay down in a grass field

step four: put the butterfly on the tip of your nose



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+ ° . . °\* . ° +

\* 成为草坪 \*

第一步：找到一只蝴蝶

第二步：抓住一只蝴蝶

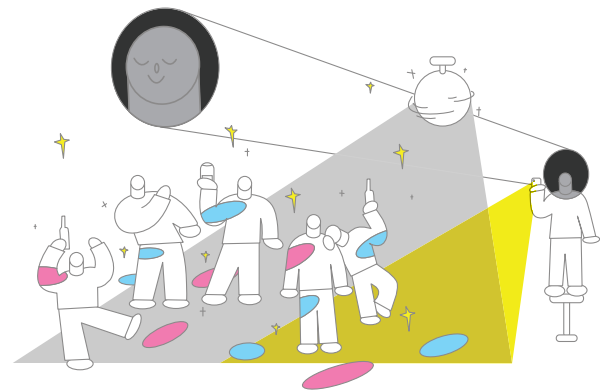
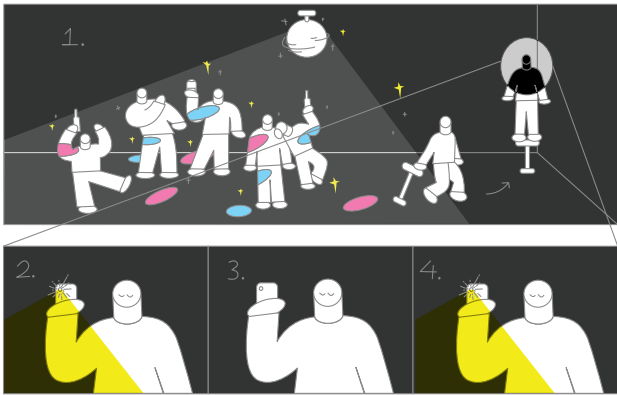
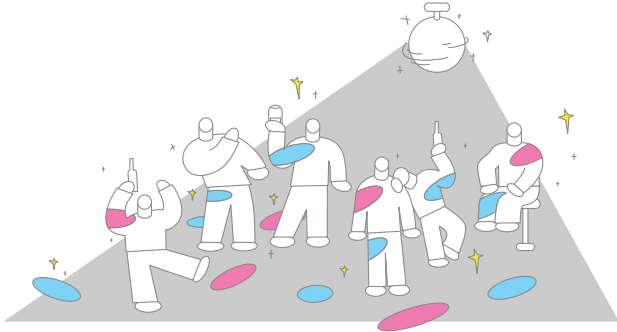
第三步：躺倒在草坪中

第四步：把蝴蝶放在鼻尖

# Becoming Disco Ball

变成闪光球结界

应用 场景 迪厅  
applicable situation club



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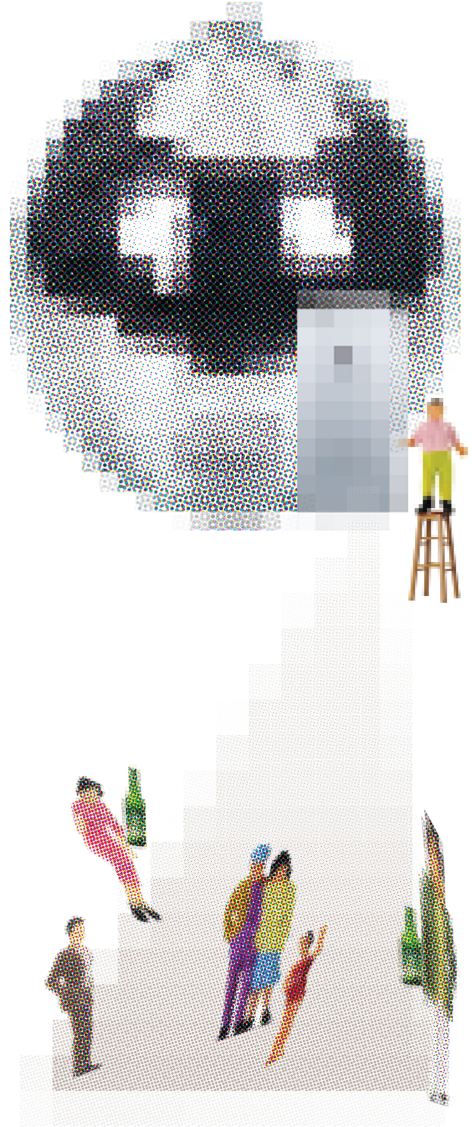
\* becoming a light ball \*

step one: find a stool and move stool to a corner

step two: pull out your phone

step three: stand on top of the stool

step four: switch the flashlight on your phone on and off



+ ° . . °\* . ° +

\* 成为灯球 \*

第一步： 找到一个椅子并且把它移到角落

第二步： 拿出手机

第三步： 站在椅子的上面

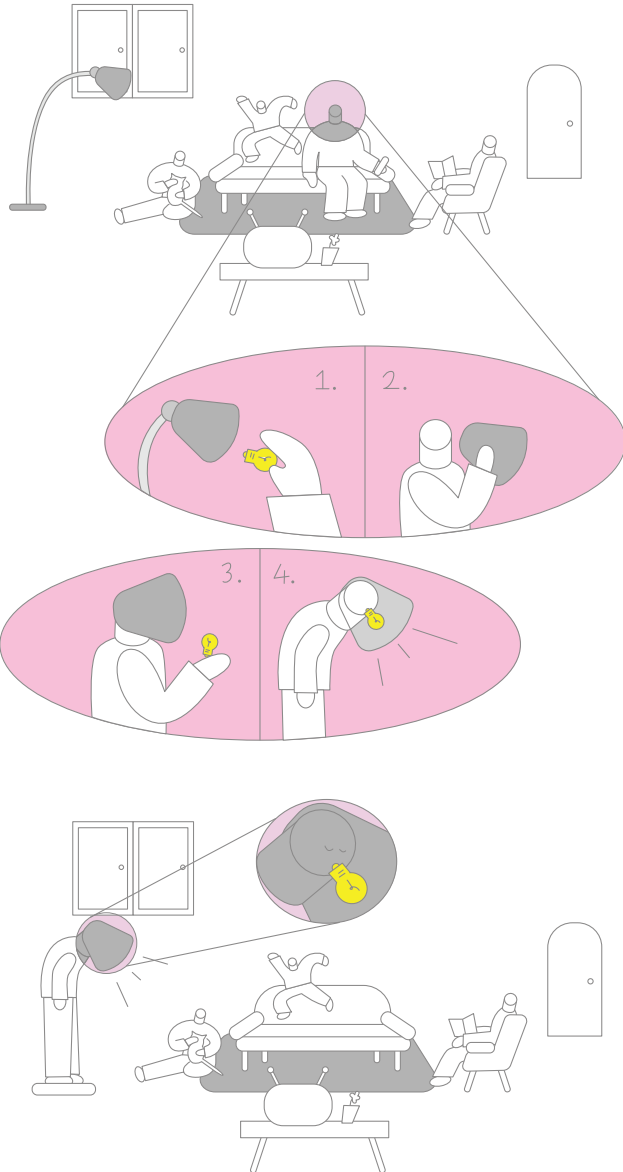
第四步： 把手机的闪光灯开启关闭开启关闭



# Becoming A Lamp

变成灯台结界

应用 场景	客厅
applicable situation	livingroom
	



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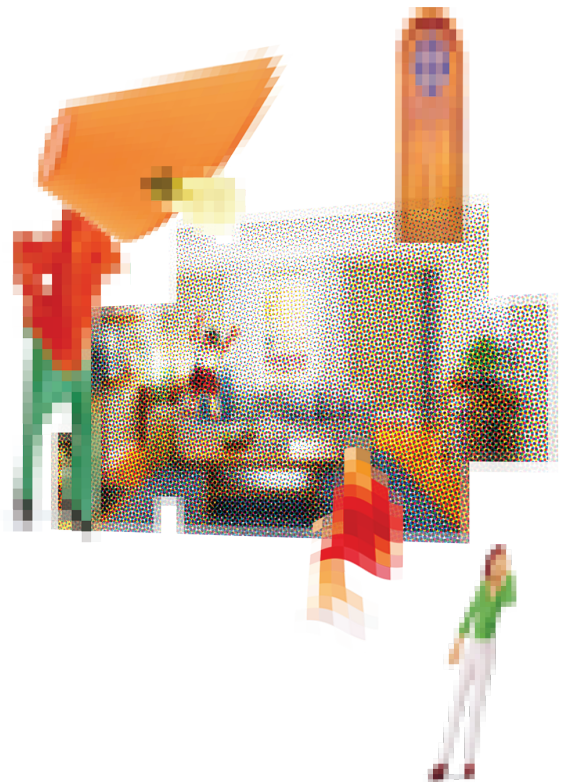
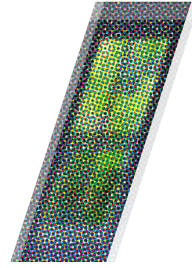
\* becoming a lamp \*

step one: Find a lamp, take off the lampshade

step two: Put the lampshade on your head

step three: Light up the bulb and hold it with your mouth

step four: Hold the position and bend over



+ ° . . °\* . ° +

\* 成为台灯 \*

第一步： 找到一个台灯，取下灯罩

第二步： 将灯罩戴在头上

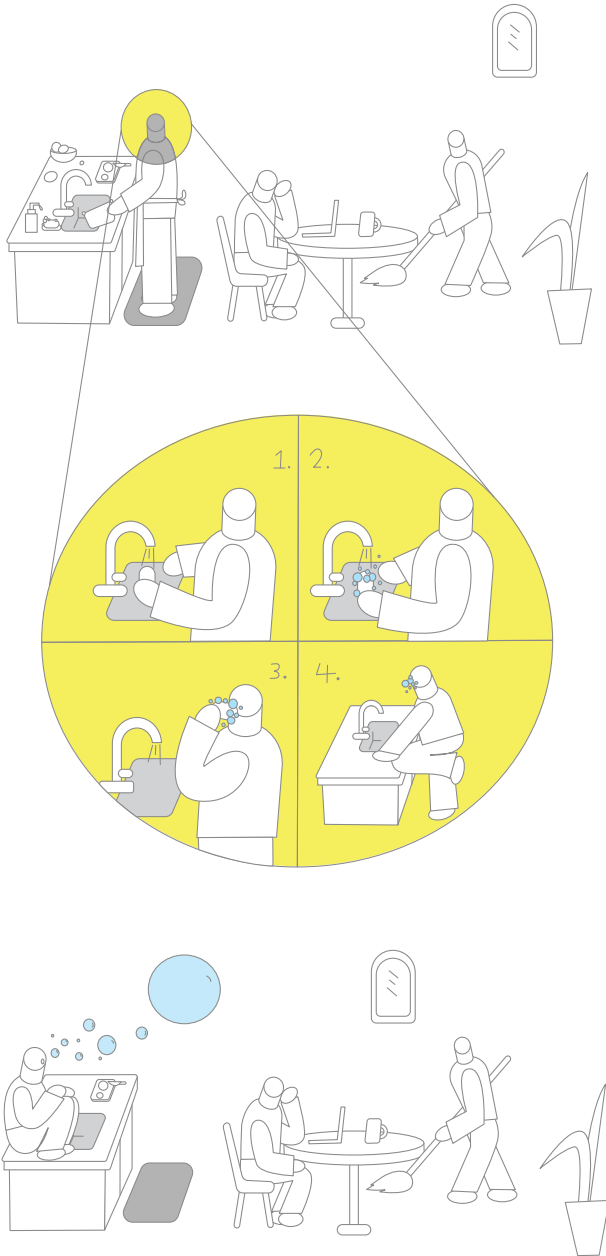
第三步： 将灯泡点亮含在口中

第四步： 保持这个姿势并半弯下腰

# Becoming A Soap Bar

变成肥皂结界

应用 场景	厨 房
applicable situation	kitchen
	



+ ° . . °\* . ° +  
\* becoming a soap bar \*

step one: find a bar of soap  
step two: wet the soap under water, rinse it  
until large bubble come out  
step three: store the bubbles in your mouth  
step four: squat next to the sink and  
blow bubbles out slowly



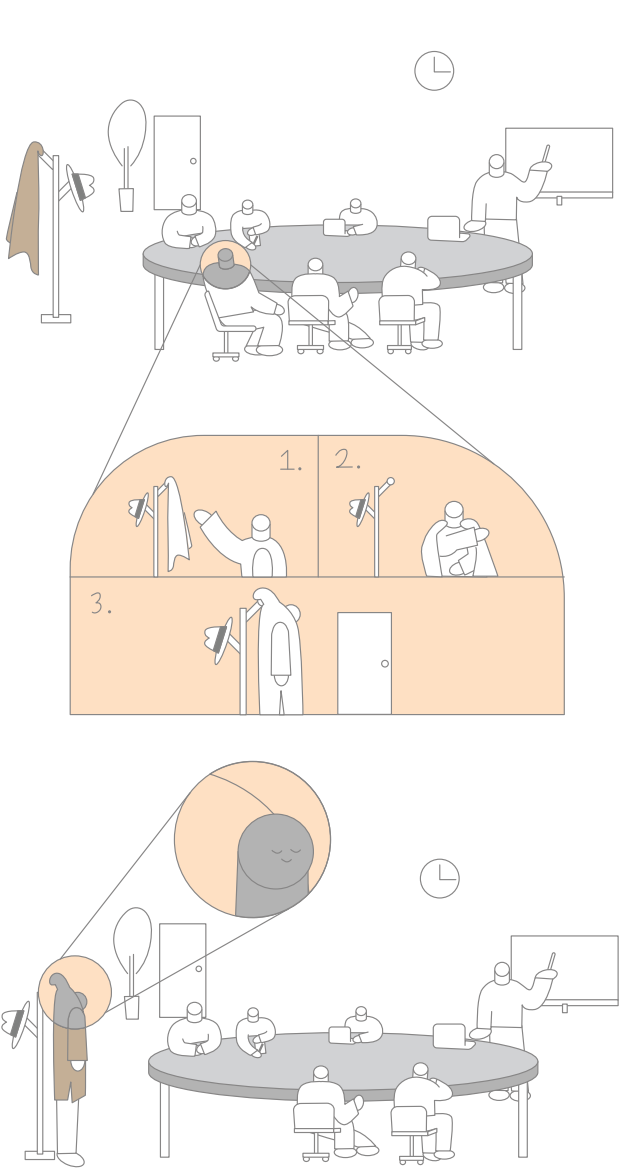
+ ° . . °\* . ° +  
\* 成为肥皂 \*

第一步：找到一块肥皂  
第二步：将肥皂在水下打湿，搓出泡沫  
第三步：将泡沫存在嘴巴里  
第四步：蹲在水池边上吐泡泡

Becoming A Coat

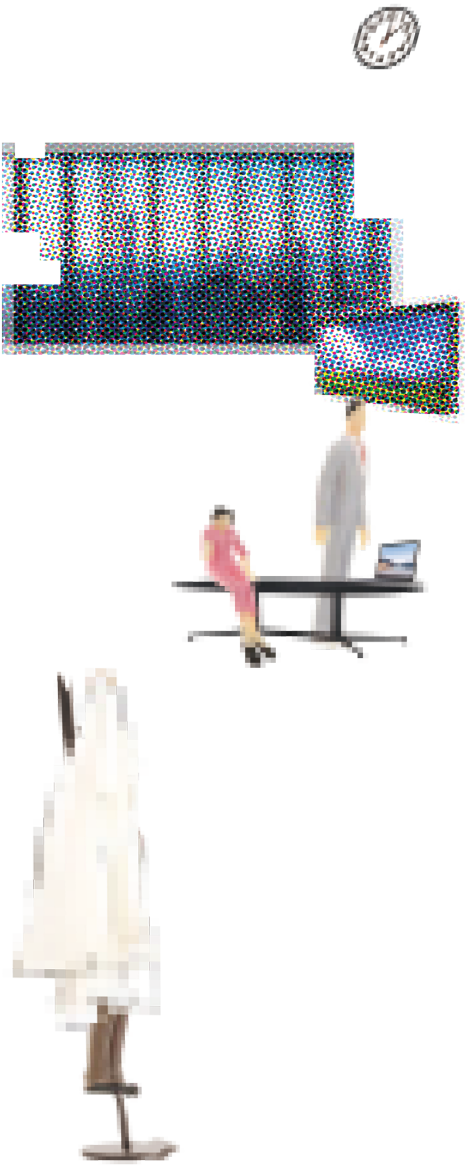
变成外套 结界

应 用 场 景	办 公 室
applicable situation	office
	



+ ° . . °\* . ° +  
\* becoming a coat \*

step one: Pick up a coat from a coat stand  
step two: Put it on yourself  
step three: Hang yourself on the coat stand



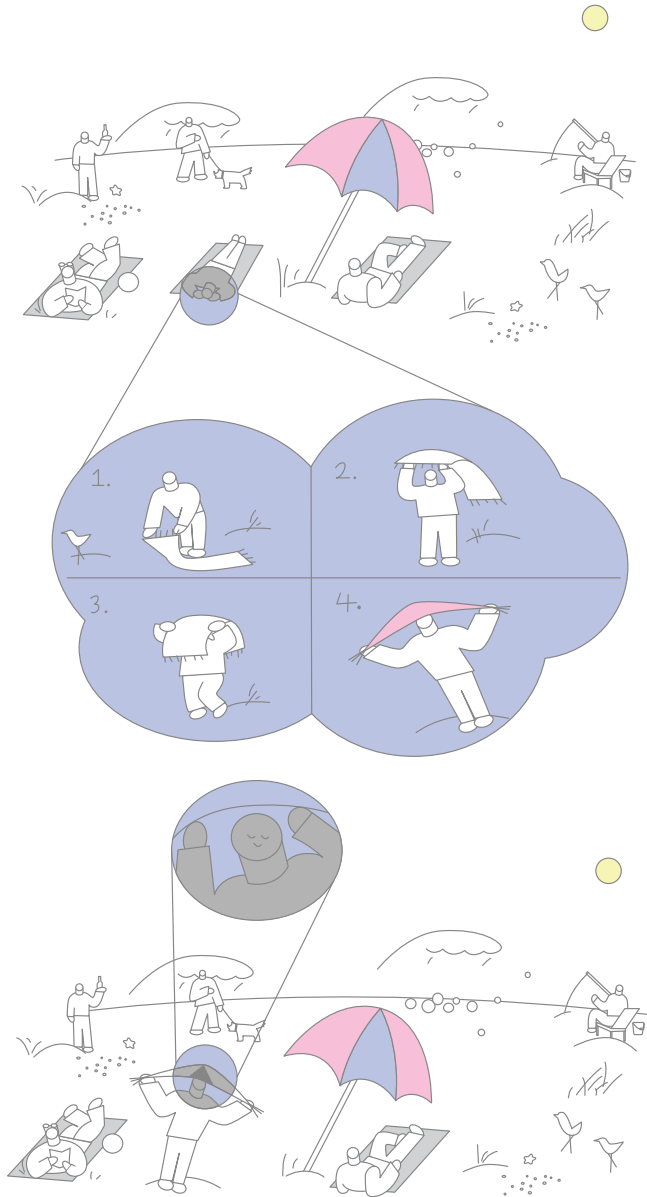
+ ° . . °\* . ° +  
\* 成为外套 \*

第一步： 拿起外套架子上一件夹克  
第二步： 穿在身上  
第三步： 将自己挂在外套架上

# Becoming A Shade

变成遮阳结界

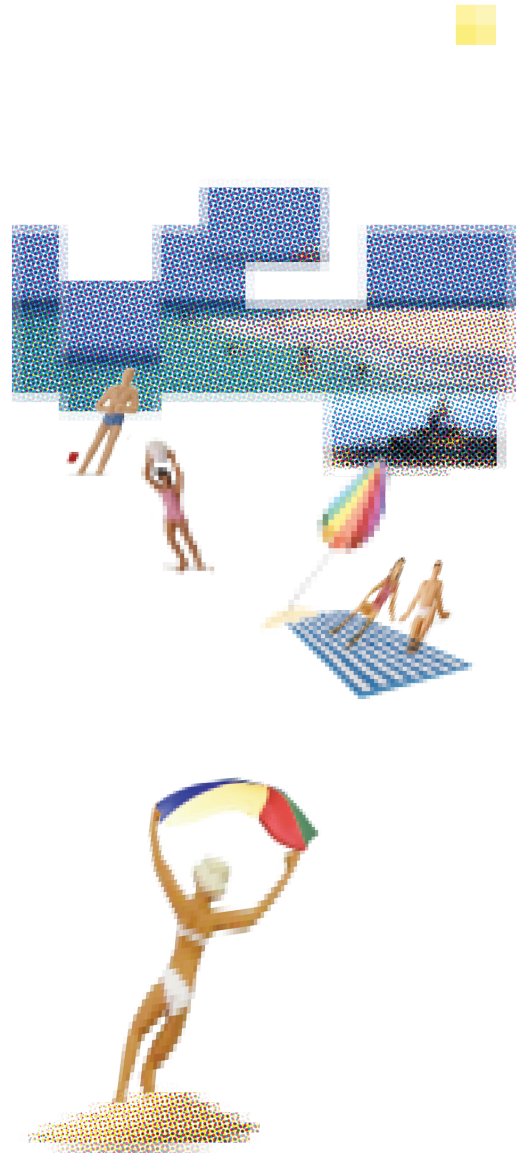
应用场景 沙滩  
applicable situation beach



+ ° . . °\* . ° +

\* becoming a shade \*

step one: Pick up a beach towel  
step two: Hold the towel above your head  
step three: Form the towel into a umbrella shape  
step four: Lock your feet into the sand,  
lean the upper body to the side



+ ° . . °\* . ° +

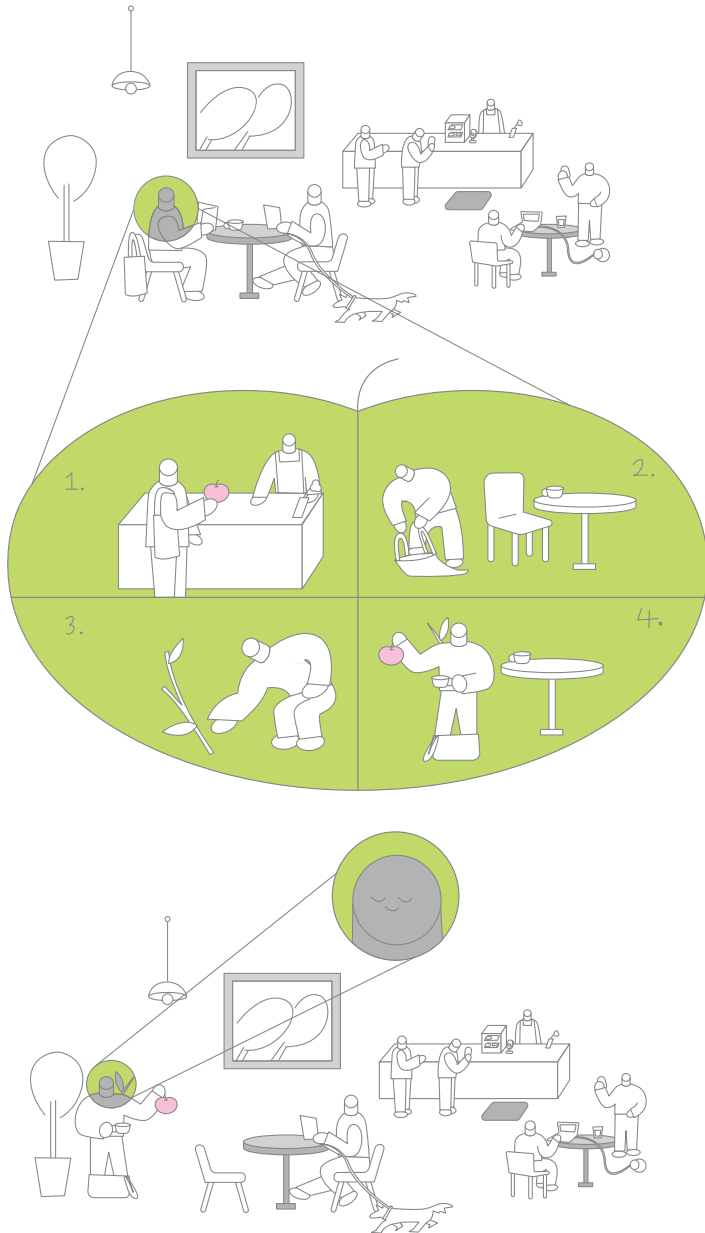
\* 成为遮阳 \*

第一步：拿起海滩毛巾  
第二步：将毛巾举过头顶  
第三步：把毛巾卷成伞形  
第四步：将脚固定在沙里，半身倾斜

# Becoming A plant

变成盆栽结界

应用 场景 咖啡厅  
applicable situation coffee shop



+ ° . . °\* . ° +

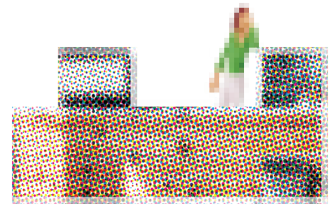
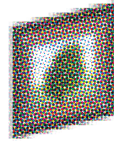
\* becoming a plant \*

step one: Purchase one fruit of your choice  
(depend on what plant you want to be)

step two: Pick up a random branch

step three: Stand inside a canvas bag

step four: Stick the branch behind you, holding the fruit



+ ° . . °\* . ° +

\* 成为盆栽 \*

第一步： 购买任意一个水果  
(取决于你想成为什么植物)

第二步： 拾取一个树枝

第三步： 站在帆布袋里

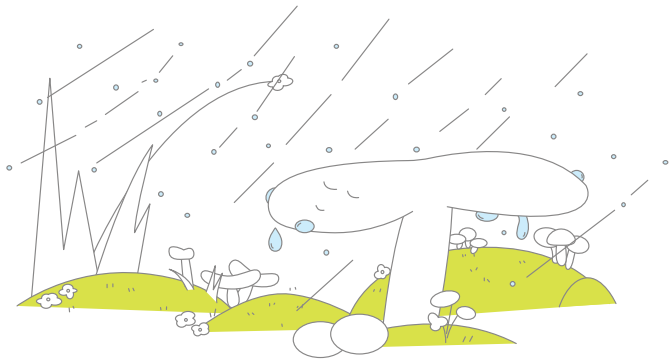
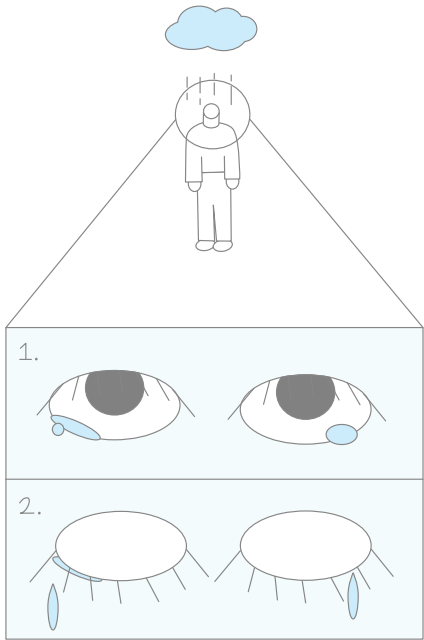
第四步： 拿着水果，将树枝插在身后，  
默默享受咖啡



Becoming Mushroom

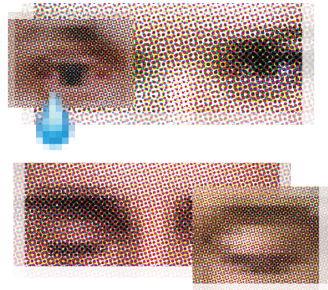
变成蘑菇结界

应用场景	悲伤
applicable situation	sad



+ ° . . °\* . ° +  
\* becoming mushroom \*

When you feel sad and crying,  
Close your eyes  
Imagine you are a mushroom  
Tears become rain that nurse you



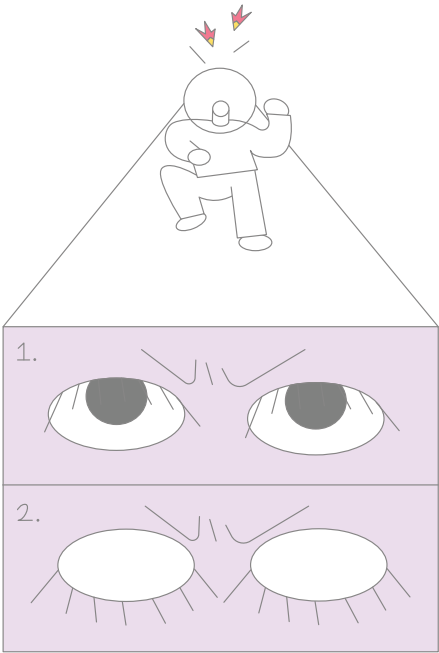
+ ° . . °\* . ° +  
\* 成为蘑菇 \*

伤心和哭泣的时候闭上眼睛  
想象自己是一只蘑菇  
泪水变成雨水滋养你

# Becoming A Tree

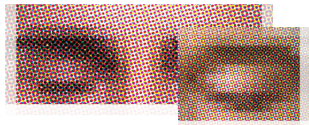
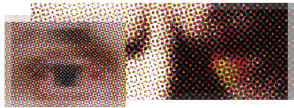
变成大树结界

应用 场景	气 愤
applicable situation	angry
	



+ ° . . °\* . ° +  
\* becoming a tree \*

When you feel grumpy and angry  
Close your eyes  
Imagine you are a tree  
What upsets you is nothing but a bird shit.



+ ° . . °\* . ° +  
\* 成为大树 \*

生气暴躁的时候闭上眼睛  
想象自己是一棵大树  
让你不快的只是一坨鸟屎